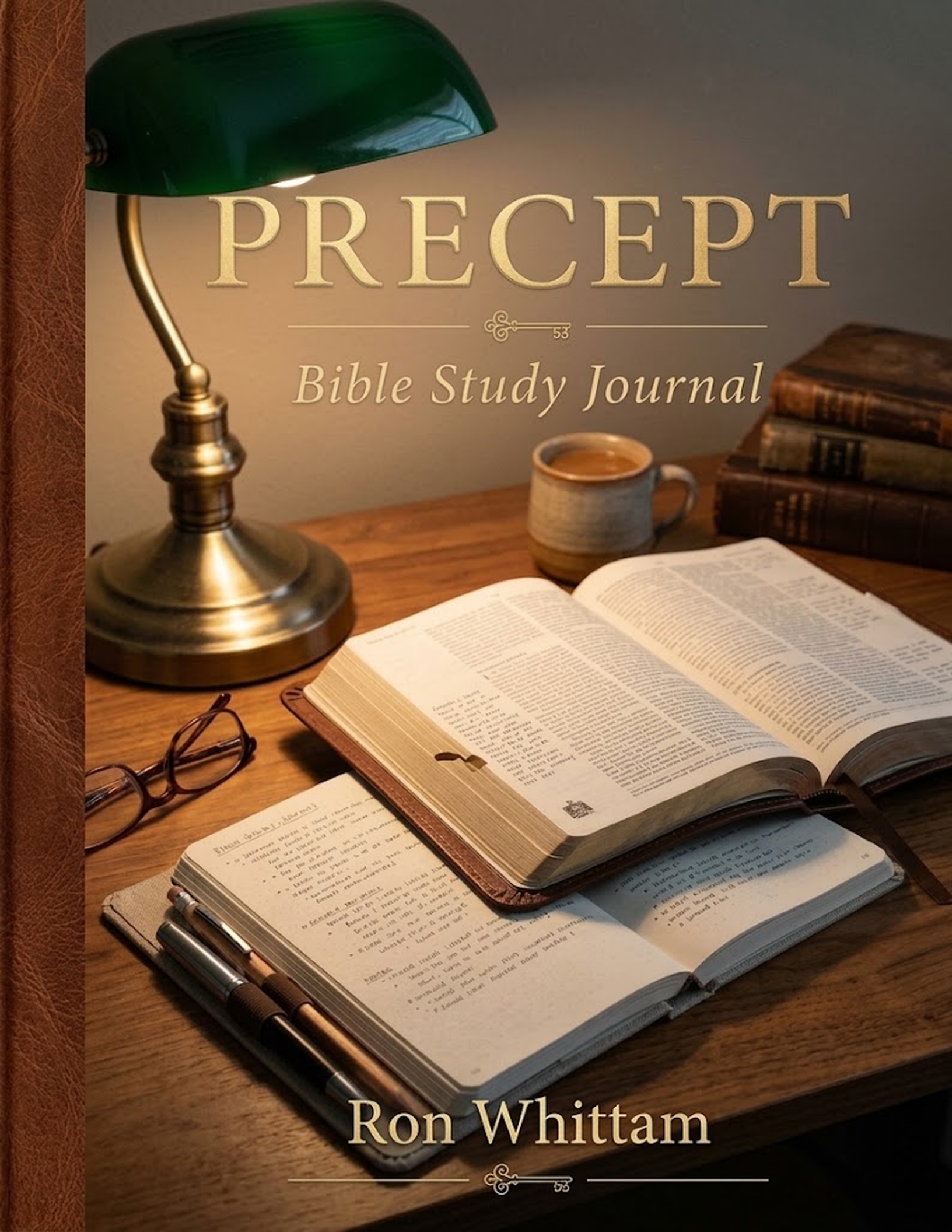


A warm, atmospheric photograph of a study desk. On the left, a green glass lamp with a brass base and arm is lit, casting a soft glow. In the center, an open Bible with a brown leather cover lies flat, showing text in two columns. In front of the Bible is an open notebook with handwritten notes in blue ink. To the left of the notebook are a pair of glasses and two pens. To the right of the Bible is a small, light-colored ceramic cup filled with coffee. In the background, a stack of three old, leather-bound books sits on the desk. The entire scene is set on a wooden surface.

PRECEPT



Bible Study Journal

Ron Whittam



P R E C E P T

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Quantum Reality Programming, LLC

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PRECEPT Bible Study Journal

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All scripture passages are taken from the New International Version (NIV) or the New King James Version (NKJV).

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Why a PRECEPT Study?

The Psalmist asked a question every generation has to answer for itself: “How can a young person stay pure?” Looking at the temptations, pressures, and distractions that fill modern life, that still seems like a pretty good question. Take a moment to read **Psalm 119:9–12** before you go on.

Our only hope for protecting our purity comes from obeying God's Word and following its principles. We can only find God and follow Him when we hide His Word in our hearts and allow Him to teach us. We must study God's Word — and one proven way to do that is with a PRECEPT Bible study.

The Seven PRECEPT Steps

1

PRAY

A PRECEPT Bible study begins by asking the Spirit to guide you into truth as you study God's Word. Perhaps you are facing specific struggles — now is the time to ask God to speak to those specific needs.

2

READ

Obviously, to study the Bible we must read it. The second step is to read the text for the day.

3

EXAMINE

It is important not to take Biblical texts out of their context. Such an approach can lead to misleading “discoveries.” (Just look at the lesson Satan tried to teach Jesus by taking a text out of context — Matthew 4:5–7.) To avoid such errors, begin by looking at the context. What comes before and after the scripture we read?

4

COMPARE

Compare today's reading with what the rest of the Bible says. What Biblical themes or concepts does this scripture develop? Then ask, “What is God trying to say to me?”

5

EXAMINE

After examining the Scripture, let the Scripture examine your life. What changes does God want to make in you? If I seek to obey this command, how will my behavior be different? My attitudes? My priorities? My habits? My relationships? Now ask, “What am I going to do with what I know?”

6

PRAY

A PRECEPT Bible study begins with prayer, and it returns to prayer. As you near the end of the study, pray that God will help you take what you have learned and apply it to your life.

7

TAKE IT AND LIVE IT

That last step is pretty self-explanatory — take what you've learned, and live it!

Instructions for Personal Study

The PRECEPT worksheet in this book can be used as a guide for what you write in your notebook or journal.

1. Before you study, pray and ask God to teach you.
2. Read the entire passage for the week — for example, John 15. Read the whole chapter through before you focus on a few verses or a paragraph.
3. Select a few verses or a paragraph to study for the day — for example, John 15:1–4.
4. Use the worksheet as a guide. In your notebook, write down: today's date, the passage you are studying, what you find as you Examine the text, what you find as you Compare things, and your thoughts as you Examine your SPACE.
5. Pray and ask God to help you do it.
6. In the “Take It With You” box, write a verse or thought you can dwell on throughout the day.

Student Accountability Group (Optional)

Fellowship happens when each member is known, cared for, held accountable, and encouraged in their spiritual journey. Meet once a week, and encourage each other to spend private time alone with God every day. Here are four things to do:

1. Read one section of Psalm 119 (eight verses each) at the beginning of your meeting.
2. Encourage each other to read and pray daily using the Scriptures for Personal Study.
3. Share with each other from your notes.
4. Share specific personal prayer requests for developing Christ-like behavior and values.

Three Things to Focus On

❖ Understanding and Knowing God

What did I learn about God today?

❖ Being Like Jesus

What would Jesus do if He were in my place today?

❖ Serving Jesus

What can I do to share my faith with someone else today?

The key is not to go quickly, but slow and steady — a chapter or so each week.

Scripture Reading Plan

Keep a notebook and write down your ideas so you can keep track of what you study and what you learn.

Book & Chapter(s)	Topic	Done
Romans 1–3	Cause for Faith	■
Romans 4	Need for Faith	■
Romans 5	Means of Faith	■
Romans 6	Accounting of Faith	■
Romans 7	Commitment of Faith	■
Romans 8	Power of Faith	■
Matthew 5:1–16	Character Qualities	■
Matthew 5:17–48	Love vs. Contempt	■
Matthew 6	Obedience	■
Matthew 7	Wisdom (see James 1–2)	■
John 13	Role of a Disciple	■
John 14	Role of the Spirit	■
John 15	Role of the Son	■
John 16	Role of the Father	■
John 17	The Lord's Prayer	■
Romans 10	Word of Faith (see John 3)	■
Romans 12	Response of Faith (see 1 Cor. 12)	■
Romans 13	Submission of Faith (see 1 Peter 2)	■
Romans 14–15	Consideration of Faith	■
1 Corinthians 15	The First Creed (Resurrection Chapter)	■
Philippians 1:27–2:30	Approach for Teamwork	■
Philippians 3:1–4:1	Goal for Teamwork	■
Titus 1	Character of a Leader	■
Titus 2	Methods of a Leader	■
Titus 3	Lessons of a Leader	■
Ephesians 1–3	Sit (see Col. 1–2)	■
Ephesians 4–5	Walk (see Col. 3)	■

Book & Chapter(s)	Topic	Done
Ephesians 6	Stand (see Col. 4)	■

Additional Scripture for Study

Book	Topic	Done
Mark	The Life of Jesus	■
Proverbs	Wisdom	■
James	Wisdom II	■
1 Peter	Manual for Living	■
Genesis	Beginnings	■
Acts	Early Church	■
1 Corinthians 13	The Love Chapter	■
1 John	Fellowship with God	■

PRECEPT Worksheets

Twelve blank worksheets follow — one for each week of a quarter. Photocopy additional pages as needed, or keep a running notebook alongside this book.

PRECEPT Worksheet — Week 1

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 2

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 3

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 4

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 5

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 6

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 7

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 8

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 9

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 10

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 11

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

PRECEPT Worksheet — Week 12

Date: ____ / ____ / ____ Pray for guidance before you begin.

Read: _____

Examine the Text

Who? What? When? Where? How?

Compare

Definition? Other verses? Other ideas?

Examine My S.P.A.C.E.

Sin to confess? Promise to claim? Action to avoid? Command to obey? Example to follow?

Take It With You

A verse or thought to dwell on today.

Pray for help to live it.

Appendix: An Optional Online Companion

This book is complete on its own. Everything you need for a PRECEPT study — the seven-step method, personal-study instructions, the full scripture reading plan, and the worksheets in this book — is already in the pages you've just read. Nothing in this book requires a phone, an app, or an internet connection.

The PRECEPT Journal web app described below is simply a free, optional extra for anyone who'd also like to keep a digital journal on a phone, tablet, or computer. It is not required to use this book — think of it the same way you would a companion website for a paperback: nice to have, never necessary.

Getting There

If you'd like to try it, open the app at:

qrprogramming.com/biblestudy/precept



Scan with your phone's camera to open the app directly.

Finding Your Way Around

- | | |
|-------------------------|--|
| Journal tab | Your digital PRECEPT worksheet. Fill in the date, passage, Examine, Compare, S.P.A.C.E., and Take It With You fields, then tap Save Entry . Every saved entry appears below in Past Entries, newest first, and can be deleted with the Delete link on that entry. |
| Reading Plan tab | The same scripture reading plan from this book, as a checklist. Tap any passage to mark it read — your progress is saved automatically on your device. |
| The Method tab | A quick-reference version of the seven PRECEPT steps and the three “Focus On This” questions, for whenever you need a reminder mid-study. |

Menu icon

Tap the three-line menu icon in the top right to open the side panel, where you can switch between Light, Auto, and Dark appearance; back up your journal to a JSON file (or restore one); reset your reading-plan checkmarks; find the Tip Jar; and read the About box.

Your entries and reading-plan progress are stored privately on your own device and are never uploaded anywhere — use the Backup option in the menu regularly if you'd like a copy saved elsewhere, or to move your journal to a new device.

Again: the app is entirely optional. If you'd rather work through this book with just pen and paper, you already have everything you need.